



**Pune District Education Association's
College of Ayurved & Research Centre
(I. D. No. P.U./P.N./AYU./081/1990)**



Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.
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E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook-
acrc_akurdi@pdeapune.org

Metric: 8.1.9- Efforts of the Institution towards conservation and validation of local health traditions during the last five years

8.1.9 A - Details of the activities / programme with geo tagging

INDEX

Sr .No.	Reports of the Program towards conservation and validation of local health traditions	Year
1	Raan Bhaji Mohotsav, Aahupe,Bhimashankar	2018
2	Workshop on ayurvedic & ethnobio diversity study of Bhuthakhetu and thattekad forest, Kerala	2019
3	Raan Bhaji Exhibition, PDEAs ARSMH,Nigdi,Pune	2019
4	Vaidu visit Pimple gurav, Pune	2020
5	Vaidu visit, Shinde Wasoli,pune	2020
6	Vaiduwadi Visit Uksan,Kamshet,Pune	2020
7	Pranik Healing Online guest lecture	2020
8	Vaidu visit Shamsherpur, Akole,Sangamner	2021
9	Vaidu visit Nigdi, Pune	2022
10	Aadivasi vaidu visit Bhimashankar	2023



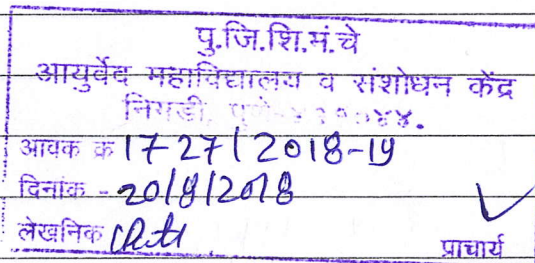
प्रति
 मा. प्राचार्य
 कॉलेज ऑफ आयुर्वेद वसिष्ठसेंटर
 निगडी, पुणे.

सज्जद :- डॉ. मीनल लड.
 (प्राध्यापक, हृदयगुण विभाग.)

विषय :- राजभाज्या महोत्सव मध्ये सहभाग घेणे बाबत.

मा. महोदया,

दिनांक 24/08/2018 रोजी डाडुपे - श्रीमहेशंकर
 येथे राजभाज्या महोत्सव आयोजित केला आहे.
 त्यामध्ये सहभागी होऊन मुल्यांकनाची जबाबदारी
 संसृष्ट महोत्सव आयोजकांनी पत्राद्वारे दिली आहे.
 कृपया विभागातील इतर सहकाऱ्या व हृदयगुण प्राध्याप-
 कांना देखील महोत्सव बघण्यास येण्याची
 परवानगी द्यावी ही नम्र विनंती.
 श्रद्धा.



डा.पं. विश्वाक
 डॉ. मीनल लड.
 (हृदयगुण विभाग.)

Dr. Meenal D. Lad
 M.D., Ph.D. (Ayu.)
 Prof. & H.O.D.
 Dept. of Hrudaygun

Pune District Education Association's
College of Ayurved & Research Centre

Date :- 27/8/2018

Post event summary report

Name of the Event: Raan Bhajya Mahotsav

Date – 24/8/2018

Timings: 10.00 am – 5 pm

Organizer & Co-ordinator – Vanvasi kalyan Adshram, Pune

Location of the event: Aahupe- Bhimashankar

Name of Vaidya – Mrs. Rokade Bhimabai & Mrs. Anjali Gharpure (coordinator of vanvasi kalyan ashram)

No:of persons attending the event – 5 teacher, 5 PG students

Google link for photos- https://drive.google.com/drive/folders/1hBdojPX9-ulnf4TkMCQ840qeKakdomII?usp=drive_link

Brief summary of event –

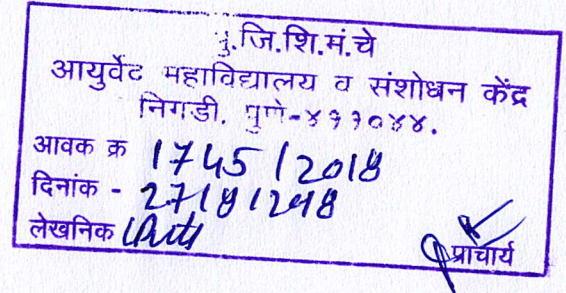
This event of raanbhajya mohatsav was arranged by Vanvasi kalyan ashram, Pune which works for the upliftment of aadivasi people in the area of bhimashanka and also encourages for the preservation of endangered plant species used for medicines and as vegetables.

Dr. meenal Lad from PDEAS college of Ayurved and research centre, nigdi was invited as judge for this event.

Total 5 teachers from dravyaguna and swasthavritta dept & 5 PG students visited this exhibition.

Local people shared the recipes of some rare plants used as vegetables in that area.

Students were introduced to 30-35 different Vegetable plants like kasalu, mayalu, Raanaadu, and other medicinal plants Kuda, Phodshi, karande etc .



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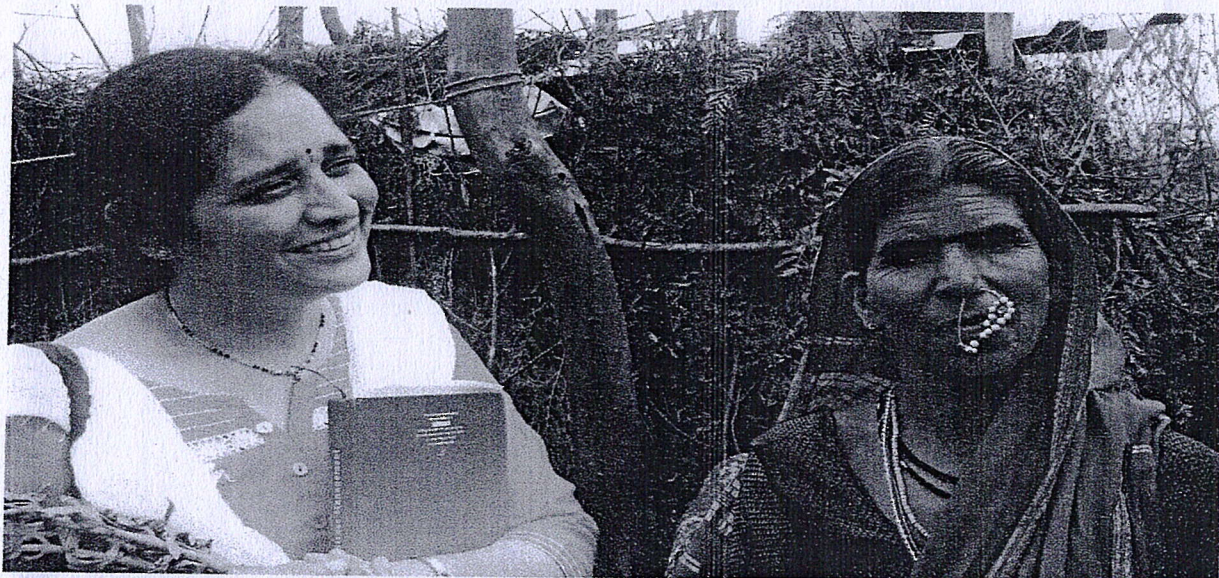
Date :-

Raanbhajya mohatsav – Aahupe Bhimashankar

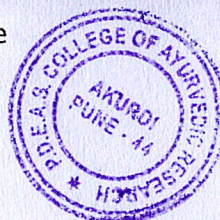
Date – 24/8/2018

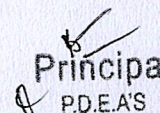


Dr. Meenal Lad as judge in the exhibition of Raanbhaji mohatsav



Mrs Rokde bhimabai & Mrs. Anjali Gharpure




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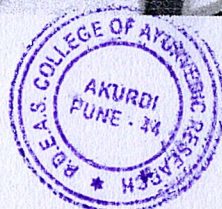
Pune District Education Association's
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Date :-



Raanbhaji exhibition – Aahupe Bhimashankar

Date- 24/8/2018



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Nigdi, Pune - 411 044

Name of Event - Kāan Bhaṛjya Monotsav - (Aahupe).

Date - 24/8/2018.

Sr.No.	Name of participants.	Designation.	Sign.
1.	Dr. meenal Lad.	Prof & Head	Meenal Lad
2.	Dr. Jila Bhoor	ASST Prof	Jila Bhoor
3.	Dr. Aarti Kharche (Erke)	ASST Prof.	Aarti Kharche
4.	Dr. Deepali Manore.	Leet	Deepali Manore
5.	Dr. Suvarna Meshram.	Leet	Suvarna Meshram
6.	Dr. Namrata Bansode	(PG)	Namrata Bansode
7.	Dr. Rohan Golahi +	(PG)	Rohan Golahi
8.	Dr. Jagruti Choudhari	(PG)	Jagruti Choudhari
9.	Dr. Ankita Patil.	(PG)	Ankita Patil
10.	Dr. Syrabhi Labdhe.	(PG)	Syrabhi Labdhe

Dr. Meenal D. Le
M. D., Ph. D. (Ayur),
Prof. & H.O.D.
Dept. of Dravya guna C.A.R.C, Akur.

प्राप्ति
मा. प्राचार्या
कौलेज ऑफ आयुर्वेद व रिसर्च सेंटर
निगडी, पुणे.

अर्जदार :- डॉ. इला भोर.
(प्रपाठक, वन्यपशु विभाग)

विषय :- वर्कशॉप ला जाण्याची परवानगी
मिळणे बाबत.

मा. महोदया,
दिनांक 23/3/2019 रोजी ररनाकुलम, केरळ
येथे झुतादयेड्डु व थट्टेकड वन्यपरिस्थितीत
ऑषधी वनस्पतींची ओळख व उपयोग या संदर्भात
कार्यशाळा आयोजित केली आहे. या कार्यशाळेमध्ये
द्वितीय वर्षाच्या विद्यार्थ्यांना सहभागी व्हायचे
आहे. तरी कृपया कार्यशाळेस जाण्याची व
विद्यार्थ्यांना सोबत नेण्याची परवानगी मिळावी
ही नम्र विनंती.
श्रद्धावाद्.

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-411044.
आवक क्र 2179/2019-20
दिनांक - 15/3/2019
लेखनिक (Pti)
प्राचार्य

आपली विश्वास्त

डॉ. इला भोर.



Pune District Education Association's
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15/03/2019

Notice

Notice for teachers of Dravyaguna department and UG ,PG students for participating in below mentioned event.

Event : Workshop on Ayurvedic & ethnobiodiversity study of Bhuthathakettu and Thattekad forest

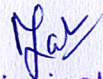
Date: 23/03/2019

Organizer: Ayurved medical association of India, Ernakulum

Timings: 09.00 am – 05.00 pm

Location of event: Ernakulum, Kerala.




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Pune District Education Association's
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Date :- 25/3/2019

Post event summary report

Name of the Event: Workshop on Ayurvedic & ethnobiodiversity study of
Bhuthathakettu and Thattekad forest

Date of visit - 23 /3/2019

Timings - 9 am to 5 pm

Organizer & Co-ordinator – Ayurved medical association of india, ernakulam

Location of the event - Ernakulam, kerala.

Name of Vaidya – Kerala folklore healers Mr. venkatesha & Mr. kudiappa

No:of persons attending the event – 1 teacher & 23 UG students

Google link for photos –

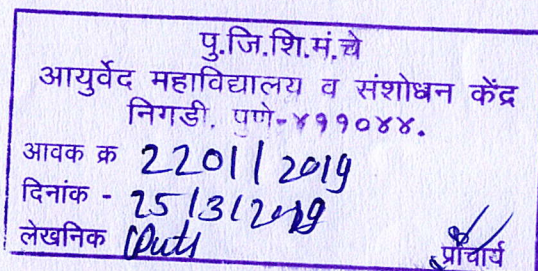
https://drive.google.com/drive/folders/1iDT2MLN1Vvx8Xfhmc6IIT9pC-qsoPEa4?usp=drive_link

Brief summary of event –

This workshop was organised by Ayurveda medical association of India, Ernakulum , Kerala.

Dr, shiby vergis , Dr. Ajayan and 3 other local traditional vaidyas of Kerala introduced various medicinal plant species from the forest of Bhootathakettu and Thattekad.

Various Dioscoria species ,Tteridophyte plant species and other approximate 20 plants were i9ntroduced by folklore healers.



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Date :-

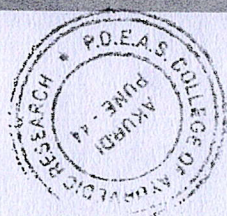
Workshop on ayurvedic & ethnobiodiversity of bhootathakettu and Thattekkad forest,kerala

Date – 23/3/2019



Workshop on ayurvedic & ethnobiodiversity of bhootathakettu and Thattekkad forest, kerala

Date – 23/3/2019



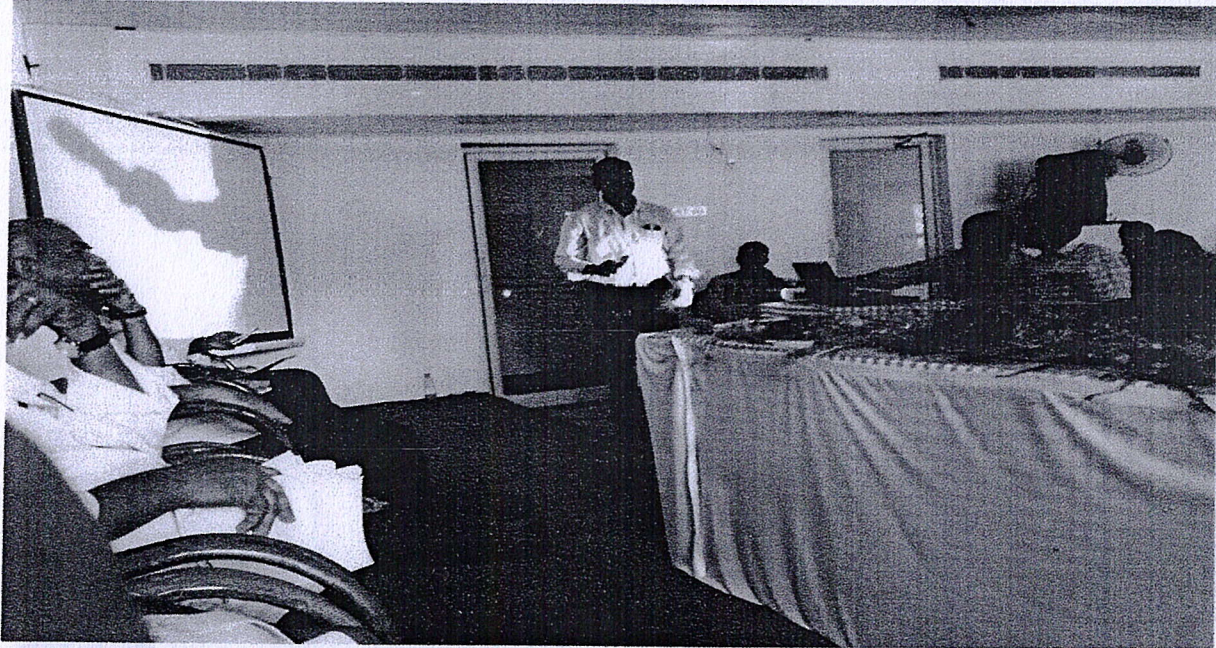
Principal
P.D.E.A.S.
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Pune District Education Association's
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Date :-

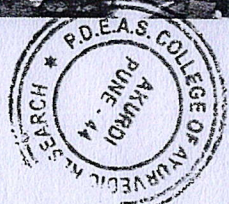
Workshop on ayurvedic & ethnobiodiversity of bhootathakettu and Thattekkad forest, kerala

Date – 23/3/2019



Workshop on ayurvedic & ethnobiodiversity of bhootathakettu and Thattekkad forest, kerala

Date – 23/3/2019



[Signature]
Principal
P.D.E.A.S.
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of Event :-

Workshop on Ayurvedic & ethnobiodiversity
Study of Bhutathakettu & Thattakad Forest
Ernakulum, Kerala.

Date :- 23/03/2019.

Sr. No.	Name of Participants	Designation	Date
1.	Dr. Jilla Bhor.	Asso professor.	
2.	Pooja Khose.	VH student (Intern)	
3.	Ankita Patel	Intern.	
4.	Komal Gayakwad.	- " -	
5.	Samruddhi mote	- " -	
6.	Mounal Dorge	- " -	
7.	Neelam Sonawane	- " -	
8.	Gargi vaidya.	- " -	
9.	Monali Nyas.	- " -	
10.	Subodh Bal	- " -	
11.	Apurva Mundargi	- " -	
12.	Shriyankita patwardhan	- " -	
13.	Shraddha Khoswadkar	- " -	
14.	manjusha machgade	- " -	
15.	Tapasya patil	- " -	
16.	Pradibha Sonawane	- " -	
17.	Pranali Kasava	- " -	
18.	Pradhnya Londhe	- " -	
19.	Sayali Thakur	- " -	
20.	Prachita Chipade	- " -	
21.	Shubham patil	Intern	
22.	Akshay Khillase	- " -	
23.	Pooja patil.	- " -	
24.	Kirti Tadhar.	- " -	



Pune District Education Association's
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19/10/2019

Notice

Notice for Teachers and UG , PG students for participating in below mentioned event.

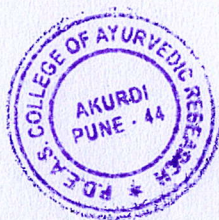
Event : Raan Bhaji Exhibition

Date: 26/10/2019

Organizer: Dravyaguna department, PDEAs College of Ayurved & Research centre, Nigdi, Pune.

Timings: 10.00 am – 05.00 pm

Location of event: Ayurved Rugnalaya & Sterling multispeciality hospital campus, Nigdi, Pune.



Principal
P.D.E.A'S

College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Pune District Education Association's
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Date :- ५/11/2019

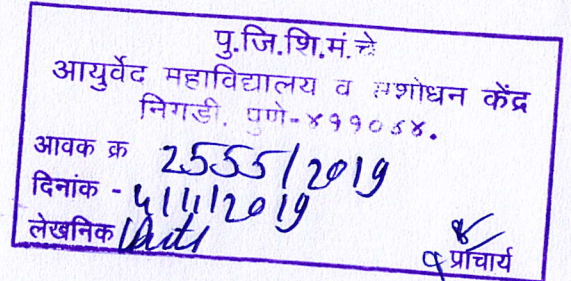
Post event summary report

Name of the Event - Raan Bhaajya exhibition

Occasion - Ayurveda Day

Date of event - 26/10/2019

Timing - 10 am to 5 pm



Organizer & Co-ordinator – Dravyaguna dept PDEA,s College of Ayurved and
Research centre, Nigdi ,Pune

Location of the event – PDEA's Ayurved rugnalaya and sterling multispeciality
hospital campus , nigdi, pune

Name of Vaidya - Dr . Illa Bhor, Dr. Menal Lad, Dr. Jeetendra Tapasvi

No:of persons attending the event – 250 general public

3 teaching staff

PG students -4

Google link for photos -

https://drive.google.com/drive/folders/1H4xxsbuHYgYUy_hv0EUooEwmbPZcGEO?usp=drive_link

Brief summary of event –

Exhibition of traditional leafy vegetables was arranged for layman by dravya guna dept of CARC on occasion of Ayurveda day.

More than a hundred people from the nearby area of hospital and pimpri chinchwad area visited this exhibition.

Teachers of dravyaguna dept introduced various Traditional species of leafy vegetables used in village areas nearby pune like punarnava, hadga, ambadi , mohri, kardai, arvi, aavai hongga, hadga , bharangi, undirkani, kuda etc

Also the medicinal values of this plants were explained and encouraged people to plant this vegetables and use in food .



Pune District Education Association's
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Date :-

Raan bhaaji exhibition – On occasion of Ayurveda day

Date 26/10/2019



Raan bhaaji exhibition – On occasion of Ayurveda day

Date 26/10/2019

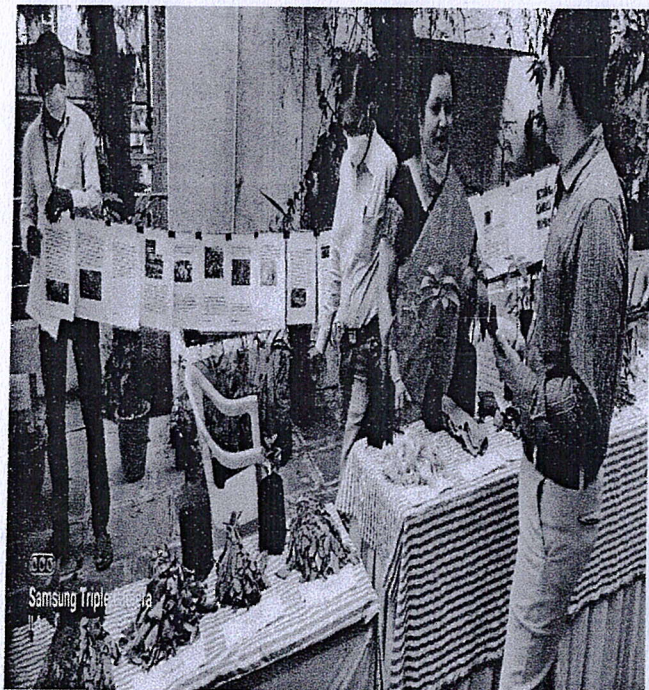


[Signature]
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Nigdi, Pune - 411 044.

Pune District Education Association's
College of Ayurved & Research Centre

Date :-

Raan bhaaji exhibition – On occasion of Ayurveda day
Date 26/10/2019



Prakash
P.D.E.A.S.
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of Event :- Raan Bhaajya Exhibition

Date - 26/10/2019.

Sr. No.	Name of Participants	Designation	Sign
1.	Dr. Meenal Lad.	Prof. & H.O.D.	W
2.	Dr. Ila Bhor	Asso. Prof	
3.	Dr. Jitendra Tapaswi	Asst. Prof.	S
4.	Dr. Priyanka Chavhan	(PG.)	Chavhan
5.	Dr. Snehal Dabhole	(PG.)	Dabhole
6.	Dr. Jagruti Choudhari	(PG.)	Jagruti
7.	Dr. Anurita Chaudhary	(PG.)	Patil

W
Dr. Meenal D. Lad
M.D., Ph.D. (A.U.)
Prof. & H.O.D.
Dept. of Dravya guna C.A.R.C., Akurdi

आयुर्वेद सेवा संघ संचालित,
आयुर्वेद महाविद्यालय, नाशिक
(महाराष्ट्र शासन अनुदानित)
गणेशवाडी, पंचवटी, नाशिक-४२२००३
फोन : (०२५३) २५१३११२, २६२१८३६
फैक्स : ०२५३-२५१७१७०



Affiliated to Maharashtra
University of Health Sciences
Nashik

Ayurved Seva Sangh Sanchalit,
AYURVED MAHAVIDYALAYA, NASHIK
(Govt. of Maharashtra Aided)
Ganeshwadi, Panchavati, Nashik-422 003
Phone : (0253) 2513112, 2621836
Fax No.: (0253) 2517170

Website : www.ayurvedcollege.in

E-mail - asscollegensk@gmail.com

Outward No. 1166

Date : 9/11/2020

To,

Dr. Ragini Patil
Hon. Principal,
College of Ayurved and Research center,
Akurdi, Pune

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय
व संशोधन केंद्र निगडी, पुणे-४११०४४.
आवक क्र. २०८७ दिनांक १८/११/२०
टिबल क्र.

मेखनिक

प्राचार्य

Subject – Letter of appreciation and gratitude for permitting your faculty to participate in research project of Maharashtra University of Health Sciences, Nashik And A.S.S. Ayurved Mahavidyalaya, Nashik titled 'Documentation of Local Health Traditions in Maharashtra.'

Resp. Madam,

Maharashtra University of Health Sciences, Nashik And A.S.S. Ayurved Mahavidyalaya, Nashik are conducting a collaborative research project titled 'Documentation of Local Health Traditions in Maharashtra.' In this project the traditional knowledge regarding health practices is being documented.

This ambitious project is headed by the Principal Investigator Hon. Vice Chancellor Dr. Deelip Mhaisekar and Co - Investigator Hon. Pro Vice Chancellor Dr Mohan Khamgaonkar.

Objectives of this project include documenting the traditional medicinal knowledge, healing procedures, interpreting the traditional medicine knowledge, understanding the method of diagnosis of diseases by LHT practitioners, knowing more about the different parts of plants, animals and minerals, methods of preparations, combinations, storage to be used in medicine, dosages and various routs of administration, the proper collection methods to medicinal materials in traditional medicinal knowledge.

This project would facilitate the newer knowledge to be in the stream. The faculty and thereby the institutions which are facilitating this project are being credited for the participation in a valued project run by the University.

The faculty from your college who are listed below were invited to participate in this project and they have paid their invaluable contribution. Yourself and hon. management allowed the noted faculty to participate in this project and provided them the consent to participate. This has marked the welcome gesture you have passed.

महाराष्ट्र
आयुर्वेद महाविद्यालय
नाशिक

११ कोट
संशोधन केंद्र

लेखन प्रोजेक्ट
वै. काली
पुणे



Pune District Education Association's

College of Ayurved & Research Centre



Date :- / /

Notice

Notice for teachers of Dravyaguna department to conduct traditional healers visit under LHT project as per letter & instructions of MUHS.

Conduct visits to local traditional healers for Documentation of local health traditions in Maharashtra

Documentaion required -

1. traditional medical knowledge & healing procedures
2. understanding the method of diagnosis of diseases by LHT practitioners
3. knowing about different parts of plants used, animal parts, minerals used
4. methods of medicine collection, preparation , combinations , & storage.
5. specification of doses and route of administration




Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

प्रति,

भा. प्राचार्या,

आयुर्वेद महाविद्यालय व लेशोद्यम केंद्र,

दि. 28/10/2020

पु. जि. शि. म. च.

आयुर्वेद महाविद्यालय

व संशोधन केंद्र निगडी, पुणे-411004.

28 OCT 2020

आयक क्र.

दिनांक

1795/20-21

डॉ. स्पोर

विषय - NAAC Pt - 8.1.9 अंतर्गत LMT विसिट केल्याचा

अहवाल जमा करणेबाबत.

लेखनिक

प्राचार्या

भा. मंडळी,

आपणाशी झालेल्या चर्चेनुसार NAAC Pt 8.1.9 अंतर्गत

आवश्यक असणाऱ्या LMT conservation & validation

संदर्भात आपल्या महाविद्यालयातर्फे खालीलप्रमाणे मुलाखती

केल्यासंदर्भात व documentation साठी visits plan केल्या

होव्या (भा. उपप्राचार्यांच्या पूर्वपरवानगी नुसार)

अनुक्र. तारीख

LMT व्यक्ती

मुलाखत वेळोवेळी
जवळपास वेळ + स्थान

1. 26/10/2020

1. शिंदे-वासोडी
(सुंदरदेव)

1. वैद्य इला भोटे
वैद्य रुपाली खोत्रा गड
भा. तानाजी येवले मध्य

2. 26/10/2020

2. पिंपळे गुरुव
वैद्यवल्ली

2. वैद्य योगिता जमदाडे
वैद्य चिन्मय फडके
वैद्य जीतेन्द्र लपली

3. 27/10/2020

3. मु. ठेकाना
कामसेन

3. वैद्य योगिता जमदाडे

(कुमारे 3-4 तास मुलाखत व 1/2 तास येवले
आमचे LMT वापरणाऱ्या वनस्पती

वैद्य इला भोटे

वैद्य चिन्मय फडके

वैद्य जीतेन्द्र लपली

वि चिकित्सा इ. ने लेकलून applied व
video shooting सर्व केले आहे ते नावल रकून

वर्ष

No. of programmes

No. of participants

मार्कस-10

2020

3

10

ही उपपेक्षा माहिती naac information साठी महावली आहे

तेथे 100% लक्षणेने पंचवटी कोलेज तर्फे LMT conservation
& validation ही project under दाखवले तर होउ शकते
तरी त्याच्या परवानगीसाठी व मार्गदर्शनाथी स्वविनय लादर.

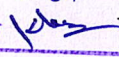
भा. वि
वैद्य इला भोटे
पु. प्राचार्या
इ. मंडळी

Fresh drug collection method and handmade powder making process

Post event report

Name of the Event: Conservation of traditional medicine

Date of visit: 26/10/2020

पु.जि.शि.म.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४११०४४.
आवक क्र १७९५/२०-२१
दिनांक - २८/१०/२०२०
लेखनिक 
प्राचार्य 

Timings: 10 am to 3pm

Organizer: PDEA'S college of ayurved & Research centre, Nigdi, Pune

Location of the event: pimple gurav, vaidu vasti, District – Pune

Name of Vaidya: shri. Rambhao Lakshman Lokhande

No: of persons attending the event – 03

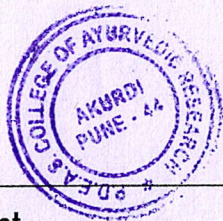
1. Dr. yogita jamdhade 2. Dr. chinmay phadke 3. dr jitendra tapasvi

Google link for photos -

Brief summary of event –

- Treating patients of jaundice , herpes , diabetes, kidney stone,piles ,paralysis
- Medicines used – lata karanj on abd pain , gokshur on kidney stone,pimpali on sandhivaat ,babul sheng on hypocalcemia .
- Nakha pariksha , naadi pariksha
- Use of jalauka in blunt injury and use of tumbdi for raktamokshan

Fresh drug collection method and handmade powder (churna) , Kwath used for treatment.



Principal
PDEA'S
College of Ayurved And Research Centre
Nigdi, Pune - 44

Name of the Department

NAAC Metric No. 8.1.9



Pune District Education Association's

College of Ayurved & Research Centre



Post event report

पु. वि. शि. म. चे	
आयुर्वेद महर्षि कृष्णदेव संहोषण केंद्र	
निर्माण क्र. - १०४४	
आवक क्र. १७९५/२०-२१	
दिनांक - २८/१०/२०२०	
लेखनिक <i>[Signature]</i>	प्राचार्य <i>[Signature]</i>

Name of the Event: Conservation of traditional medicine

Date of visit: 26/10/2020

Timings: 10 am to 3pm

Organizer: PDEA'S college of ayurved & Research centre, Nigdi, Pune

Location of the event: Shinde Wasoli village (Near Sadumbare),

Taluka – Khed, District – Pune

Name of Vaidya: shri. Vitthal Bhao Gawade

No: of persons attending the event – 03

1. Dr. Illa Bhor
2. Dr. Rupali Khobragade
3. Mr Tanaji Yeole (assistant)

Google link for photos -

<https://drive.google.com/drive/folders/1zwVGPO761Q4r9v1kJusWKOC17NCxieE-?usp=sharing>

Brief summary of event –

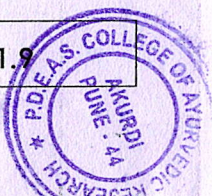
- Identification of new plants like Jangli waal roots ,white Affumari , black Affumari
- Synonyms of known plants like – makadpewa, naai, jambhulvi
- Treatment of snake poisoning
- Treatment of skin disease like Eczema by using crab oil and Buffalo horn powder application.
- Treatment of arthritis

Name of the Department

[Signature]
Principal
P.D.E.A'S

NAAC Metric No. 8.1.9

College of Ayurved And Research Centre
Nigdi, Pune - 411 044.





Traditional healer visit - shri. Vitthal Bhao Gawade, Shinde Wasoli village, sadumbre.

Date -26/10/2020



Handwritten signature
Principal
P.D.E.A.S.
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

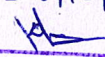


Pune District Education Association's

College of Ayurved & Research Centre



Post event report

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४११०४४.
आवक क्र 1795/20-21
दिनांक - 28/10/2020.
लेखनिक 
प्राचार्य 

Name of the Event: Conservation of traditional medicine

Date of visit: 27/10/2020

Timings: 10 am to 3pm

Organizer: PDEA'S college of ayurved & Research centre, Nigdi, Pune

Location of the event: Uksaan - kamshet

Taluka – District – Pune

Name of Vaidya: shri Datta Shankar Aadhav

No: of persons attending the event – 04

1. Dr. yogita jamdade 2. Dr. illa bhor
3. dr chinmay phadke 4. dr jitendra tapasvi

Google link for photos -

<https://drive.google.com/drive/folders/1i9LZ2UloMzTBpZDv5fE7bFRMQNK6SSZz?usp=sharing>

Brief summary of event –

1. Introduction to various traditionally used plants for medicine
2. Treatment of renal calculus, arthritis using traditional medicinal plants
3. Use of snehan swedan in treating Vata vikara




Principal

P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department

NAAC Metric No. 8.1.9

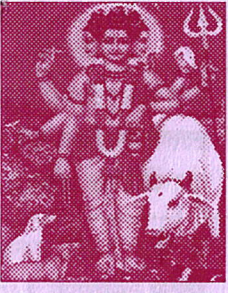


Visit to traditional healer – Mr. Datta Addhav ,Uksaan, kamshet,Pune

Date - 27/10/2020



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Principal
P.D.E.A.'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.



॥ श्री गजानन प्रसन्न ॥

॥ श्री संतसेना महाराज प्रसन्न ॥

श्री गुरुदेवदत्त मेडिकल ट्रस्ट, उकसाण

वैद्य : श्री दत्ता शंकर आढाव

मु. उकसाण, पो. करंजगाव, ता. मावळ, जि. पुणे

मो. 9767133875 / 9767113827 रजि नं : lamc 00006



अ.क्र.	वनस्पतीचे नाव	उपयोग	कधी व कसे करावे	पत्थ्य	कालवधी
1)	सफेद कुडा	मुतखडा, पित्तशय खडे, पोटदुखी, जुलाब, वजन कमी करणे, मुत्रविकार	एक चमचा पावडर, एक ग्लास पाण्यामध्ये रात्री भिजत टाका. सकाळी उपाशी पोटी प्या.	मुतखड्यासाठी अखंड कडधान्ये खाऊ नये.	फक्त 1 महिना 30MM पर्यंत खडे पडतात. किती पण असु द्या खडे
2)	अडळुसा	कफ, खोकला, दमा, घसा, अस्थमा, एलर्जी सर्दी, नाकांचे हाड वाढलेले कमी यांवर	एक चमचा पावडर, एक चमचा मधामध्ये हलवुन चाटुण खाणे. संध्याकाळी घ्या.	वांगे, बटाटा, तेलकट व गरम पदार्थ, केळी.	फक्त 15 दिवस, दम्यासाठी 2 महिने
3)	शतावरी	भुक लागणे, कॅल्शियम वाढीसाठी हाडांची झीज, कोलेस्ट्रॉल.	एक चमचा पावडर, एक चमचा दुधामध्ये टाकुण पिणे. संध्याकाळी झोपताना.	वांगे, बटाटा, शेवगा, अंडी, मटन	फक्त 1 महिनाभर
4)	रतनज्योत	चष्मा कमी करणे, मोतिबिंदु डोळ्यांची आग, पाणी वारंवार येणे, डोळ्यास मार लागणे, डोळा लाल झाल्यास	अर्धा कप पाण्यामध्ये 5 मिनिटे बुडवुन ठेवा, फक्त वरची साल जावु देवु नये फक्त संध्याकाळी झोपताना.	फक्त अंघोळ करताना साबणाचे पाणी, डोळ्यात जावु देवु नये. मोतिबिंदु साठी	मोतिबिंदु साठी फक्त 2 महिनाभर वापरणे
5)	बेडकीचा पाला व सफेद मळबा	मधुमेह (डायबिटीस) ब्लडप्रेसर व जखमेसाठी पोटदुखीसाठी	एक ग्लास पाण्यामध्ये थोडी पावडर टाकुन पिणे. 2 पॅकेट 2 महिने वापरणे, संध्याकाळी झोपताना.	आहारामध्ये मीठ व साखर कमी खाणे 1 महिन्याने चेक करणे	2 पॅकेट 2 महिने वापरणे,
6)	रुखाळा पंचागळी	मुळव्याध, इसब, मोड, चुंबळ यांवर भग्रीद्वारासाठी	सहानीवर किंवा दगडावर घासुन मलम तयार करा व दिवसाआड असेल 22 दिवस मुळव्याधीच्या जागेवर लावा.	तेलकट, गरम व वातुळ, चिकन, मटन, मच्छी पदार्थ खाऊ नये.	फक्त 22 दिवस
7)	अमरकंद	संधीवात, कॅल्शियम वाढीसाठी, मणक्यातील गॅप व मुळव्याध रक्त जाणे गुडगेदुखी, कंबरदुखी, चमकणे, मुंग्या येणे	1 कंद स्वच्छ धुवुन बारीक करा, ग्लास दुधामध्ये विलायची, लवंग, तुप, बदाम, खारिक, 2/2 घ्या व थोडी साखर टाकुन खीर बनवुन खाणे.	तेलकट, गरम व वातुळ, चिकन, मटन, मच्छी पदार्थ खाऊ नये	गॅपसाठी 40 दिवस खीर बनवुन खाणे.
8)	जंगली आद्रक (पेव)	वचन व चरबी कमी करणे कामी, संधीवात चमक्या वात आमवात चरबीच्या गाठी कमी करणे,	आतील धागा काढुन फ्लॉवर मेथीच्या भाजीमध्ये शिजवुन खाणे. विना शिजवता खाऊ शकता.	1 महिन्यात 4 किलो वचन व चरबी व चरबीच्या गाठी कमी होतात फक्त भात कमी खाणे	फक्त 1 महिनाभर
9)	अमृता	उष्णता, कावीळ, ताप, मुळव्याध, क्षयरोग, चेहऱ्यावरील चांग व पिंपल्स यावर, वांग, तोंड येणे	1 चमचा पावडर 1 ग्लास पाण्यामध्ये टाकुन अर्ध्या चमचा जिरे टाकुन उकळुन पिणे संध्याकाळी	गरम पदार्थ तेलकट गोड पदार्थ खाऊ नये	7 ते 15 दिवस
10)	बिवला	दंतविकार, दात किडणे, हालणे, रक्त येत असेल, किंवा हिरड्या तील सुज	झोपताना 1 चमचा पावडर मिसरीप्रमाणे मंजन करा.	10 ते 15 मि. स्वच्छ दात धुवुन काढा पावडर पोटात गेली तरी घाबरु नका	रक्त जात असेल तर 3 दिवस दात हालत असतील तर 7 दिवस
11)	सफेद सायर	सफेद व लाल अंगावरून जाणे प्रदरसाठी	1 चमचा पावडर 1 ग्लास दुधामध्ये सकाळ/संध्याकाळ जेवणांनंतर घ्या	फक्त संभोग टाळा डिजार्च होऊ देवु नका याची दक्षता घ्या	फक्त 15 दिवस 1/1 चमचा पावडर घ्या.

अ.क्र.	वनस्पतीचे नाव	उपयोग	कधी व कसे करावे	पत्थ	कालवधी
12)	लोहटळ	रक्तशुध्द, रक्तवाढ, मायग्रीन, अल्सर, फिट येणे, कॅल्शियम हिमोग्लोबिनला चालना मिळणे.	1 चमचा पावडर 1 ग्लास दुधामध्ये दुध उकळून थंड करून पावडर टाकणे, संध्याकाळी झोपताना	तेलकट पदार्थ खाऊ नका.	अर्धा डोकेदुखीसाठी कायम स्वरूपी मायग्रीनचा त्रास बंद दोन पॅकेट एक महिना 600 रु.
13)	हिरडा-बेहडा आवळकंठी (त्रिफळाचूर्ण)	कफ, खोकला, दमा, सर्दी यावर गुणकारी चूर्ण	2 चमचे मधामध्ये 1 चमचा पावडर रोज सकाळी संध्याकाळी घ्या	वांगे, बटाटा, मटण, मासे, अंडी, खाऊ नये	खोकला व सर्दी यासाठी 7 दिवस दम्यासाठी 1 चमचा महिनाभर
14)	हाडसंधी	संधीवात व हातापायास सुज आल्यास, हाड फ्रॅक्चर	1 चमचा पावडर 1 ग्लास पाण्यामध्ये उकळून थंड करून पिणे रोज सकाळी नाष्टा झाल्यानंतर	वातुळ व तेलकट, गरम पदार्थ खाऊ नका.	फक्त 1 महिनाभर
15)	नळकंद	ऑसिडीटी, गॅस पित्त-आम्लपित्त व वजन पोट कमी करणे	सकाळी उपाशीपोटी, संध्या जेवणा अगोदर अर्धा तास व वजन कमी करण्यासाठी दोन वेळा	वांगे, बटाटा, मटण, मासे, अंडी, खाऊ नये	पित्तासाठी 1 दिवसात फायदा होतो, वजन कमी करणेवेळी 1 महिनाभर
16)	बारंदोळा	संधीवात पॅरेलेसीस साठी आमावात, हाड फ्रॅक्चर	3 लीटर पाण्यामध्ये 1 मुठ भर औषध टाकणे व 20 मिनिट उकळणे त्याची वाफ घेणे व ते पाणी हातपायावर घेणे	वांगे, बटाटा, मटण, मासे, अंडी, खाऊ नये	40 दिवस
17)	उदाळा व सफेद मुसळी	कॅल्शियम साठी शक्तीवर्धक, वीर्यवृद्धीदायक, sex power वजन वाढीसाठी	1 चमचा पावडर, एक कप दुध उकळून थंड करा व चमचा पावडर टाकून पिणे.	मांसाहारी खाऊ नये.	फक्त 1 महिनाभर खा. तीन किलो वजन वाढते.
18)	अर्धी सुपारी	अर्ध शिशी, अर्ध डोकेदुखी यावर मायग्रीन	सहानीवर किंवा दगडावर घासून दुखत असेल त्या ठिकाणी लावा.	फक्त डोक्यावरून अंधोळ करू नये.	2 मिनिटांत मायग्रीन त्रास बंद होतो.
19)	रान चिंचोका	पायातील भेगा, टॉन्सिल, गलगंड सुज, मुका मार, गुडगेदुखी साठी	सहानीवर किंवा दगडावर घासून दुखत असेल त्या ठिकाणी लावा.	फक्त धुवून टाकू नये, पायातील भेगासाठी झोपण्याअगोदर लावा.	20 दिवस
20)	शिकेकाई व रिठा	केस स्वच्छ करणे, केस गळणे थांबते.	1 चमचा पावडर रात्रभर भिजत ठेवा, सकाळी अंधोळ करताना केस स्वच्छ कार.	फक्त केसांना साबण लावू नका.	फक्त 7 दिवस
21)	संजीवनी	कफ, खोकला, दमा, घसा, अस्थमा, एलर्जी सर्दी यांवर	एक चमचा पावडर, एक चमचा मधामध्ये हलवून चाटुण खाणे. संध्याकाळी घ्या.	वांगे, बटाटा, तेलकट व गरम पदार्थ, केळी.	फक्त 15 दिवस, दम्यासाठी 2 महिने
22)	रानकांदा	अल्सर, फिट, मिरगी, त्वचा घासणे, कामी व कान फुटल्यावर गुणकारी	फिटसाठी नाकात 1 थेंब टाका अल्सरसाठी थोडासा पापुद्रा तळून खा, कानासाठी रस टाका.	गोड पदार्थ खाऊ नये, केळी	15 दिवस
23)	मुरुडशेंग	लहान मुलांसाठी जंत व कमी व गुणकारी वनस्पती	दगडावर घासून दुधात किंवा मधात घ्या.	अंगावरील दुध 7 दिवस पाजु नये.	फक्त 7 दिवस
24)	भुई कोहळा	भुक् लागणे, शक्तीवर्धक अशक्तपणा.	वरील साल काढून उणामध्ये 5 दिवस सुकत ठेवा, पावडर करा 1 चमचा पावडर 1 कप दुधामध्ये पिणे	तेलकट, गरम, गोड, पदार्थ खाऊ नका 1 महिनाभर	1 महिना
25)	पांढरीची काठी	रिद्धी-सिद्धी दायक लाभ-दायक	रोज देवघरामध्ये पुजा करणे साप येत नाही		कायमस्वरूपी
26)	अर्जुन सादडा	हृदय विकार जखमेवर हार्ट अटॅक, स्मरणशक्ती वाढवणे	1 चमचा पावडर 1 कप दुधामध्ये टाकून पिणे, संध्याकाळी झोपताना.	गोड, पदार्थ खाऊ नका	1 महिनाभर

पॅरिलिसेस 10 वर्षांपूर्वीचा जुना बरा होतो 40 दिवसात बरा होते.
मणक्यातील गॅप 40 दिवसात बरा होतो प्रत्येकी चार्ज रु. 4300/-
एक वेळा मॉलिश करणे मॉलिश चार्ज रु. 500 रु.

14 4 2020

प्रति

मा. प्राचार्या

कॉलेज ऑफ आयुर्वेद व रिसर्च सेंटर
निगडी, पुणे.

अर्जदार :- कायचिकित्सा विभाग.

विषय :- अतिथी व्याख्यान ठेवणेबाबत.

मा. महोदया,

वरील विषयास अनुसरून दिनांक 30/10/2020 रोजी ऑन. रोजनी वॉर्ड प्राणिक तंत्र (Complimentary Therapy) याचे व्याख्यान आयोजित करावयाचे आहे. तसेच NAAC 'B' Point च्या दृष्टीने हे व्याख्यान उपयुक्त आहे.

चतुर्थ 08AM-12AM या विनाशित आहे अतिथी व्याख्यान 2-3 PM ह्या वेळेत आयोजित करावयाचे आहे, तसे कृपया परवानगी मिळवी तसेच मानधन मिळावे ही नम्र विनंती.

धन्यवाद !

आपले विश्वासू.

कायचिकित्सा विभाग.

16/9/20



Myr

ड. मेधा निशी

11.20 am

16/9/2020

Principal
PDEAS

College of Ayurved And Research Centre
Nigdi, Pune - 411 044.



आयुर्वेद महाविद्यालय व संशोधन केंद्र

सेक्टर नं.२५, प्राधिकरण निगडी, पुणे-४११०४४ (महाराष्ट्र) भारत
आय.डी.नं. पी.यु./पी.एन./आयु./०८१/१९९०

फोन : (०२०)२७६५९५७८, २७६५३९६५ फॅक्स : (०२०)२७६५९५७८

ईमेल : carc2006@rediffmail.com, carcakurdi@gmail.com वेबसाईट : www.pdeaayurvedcollege.org



● संस्था पदाधिकारी ●

जावक क्रमांक : 632/2020-21

दिनांक : 27 SEP 2020

अध्यक्ष
अजित पवार

To
Resp.Roshni Hande,
Pranic Healing Complementary therapist,
Pune.

उपाध्यक्ष
राजेंद्र घाडगे

Subject – Letter of Invitation for Guest Lecture.

मानद सचिव
अॅड.संदीप कदम

Respected Madam,

We are aware of yours remarkable expertise in the field of Pranic Healing Complementary therapy and would like to invite you as a Guest Lecturer in our college, details are as follows.

खजिनदार
अॅड. मोहनराव देशमुख

Online Lecture

Day – Wednesday, Date- 30.09.2020,

Time- 2.00 to 3.00 PM

Expecting your positive cooperation.

Thanking you in anticipation.

उपसचिव
एल. एम. पवार

Yours sincerely,

प्राचार्या
डॉ. आर.आर.पाटील

Prof. Dr. M.M. Joshi

HOD Kayachikista Department



Prof. Dr. Ragini Patil

Principal
P.D.E.A.'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.





Pune District Education Association's

College of Ayurved & Research Centre



Post event report

Name of the Event: Pranik healing lecture

Date of visit: 30/09/2020.

Timings: 2 pm to 3pm

Organizer: Kayachikitsa dept of PDEA'S college of Ayurved & Research centre, Nigdi, Pune

Location of the event: Online

Name of Speaker: miss. Roshni Hande (Pranik healer)

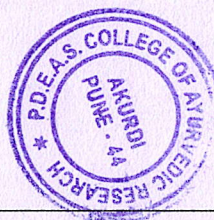
No: of persons attending the event: Total – 84

Teaching staff, UG & PG students

Google link for photos - https://drive.google.com/drive/folders/1-kpEk-2yb6oPG9sejl9N_HLJa9COSHYu?usp=sharing

Brief summary of event –

1. Introduction to pranik healing
2. Use of pranik healing in treating various diseases.
3. Importance of pranik healing in Ayurveda



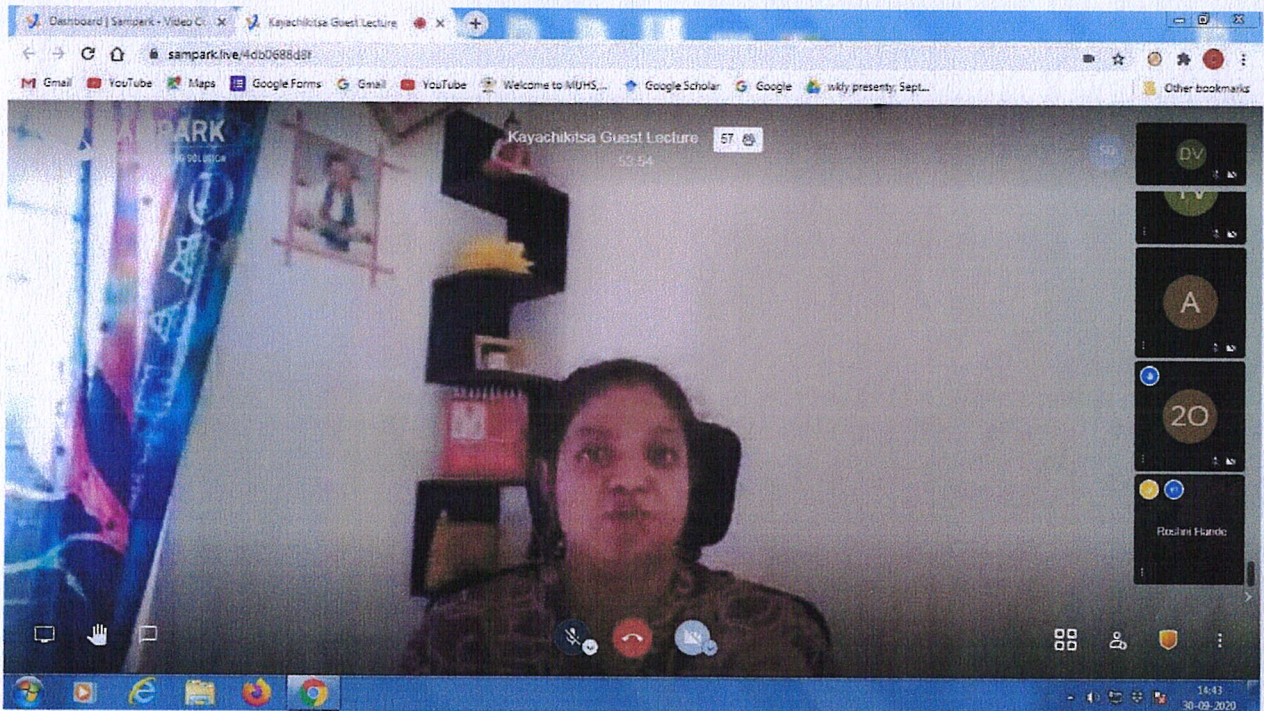
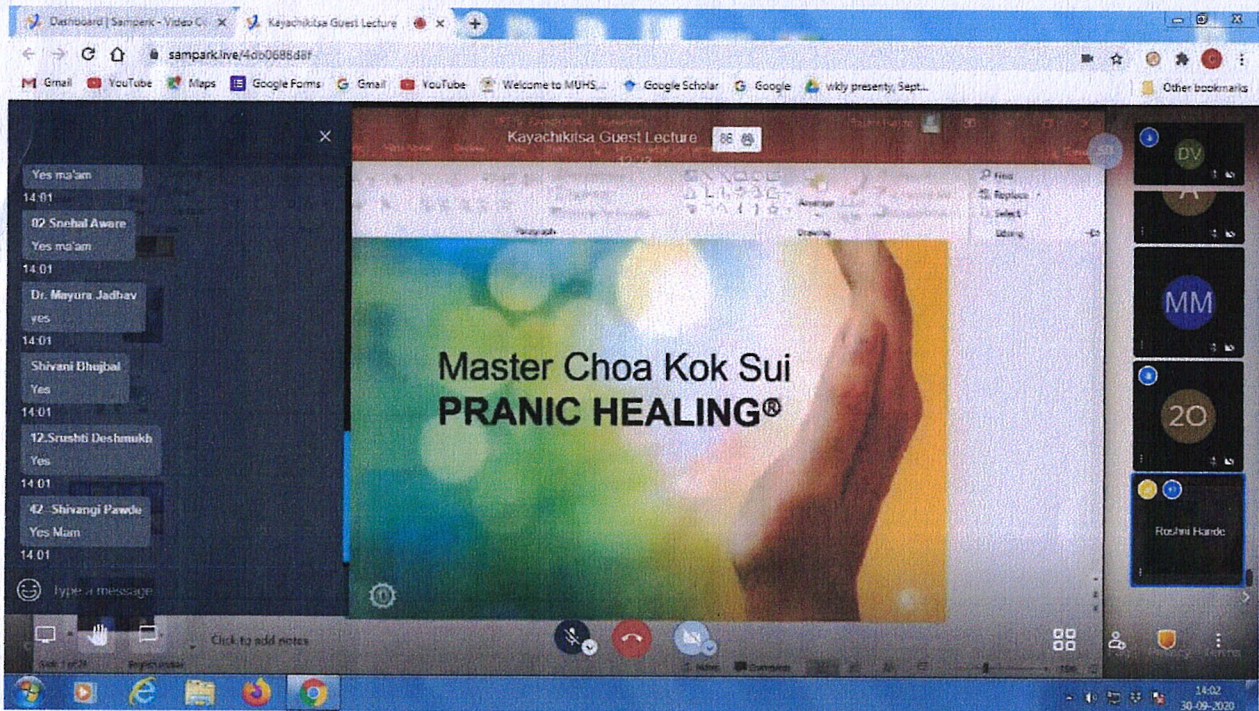
Handwritten Signature
Principal

P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department

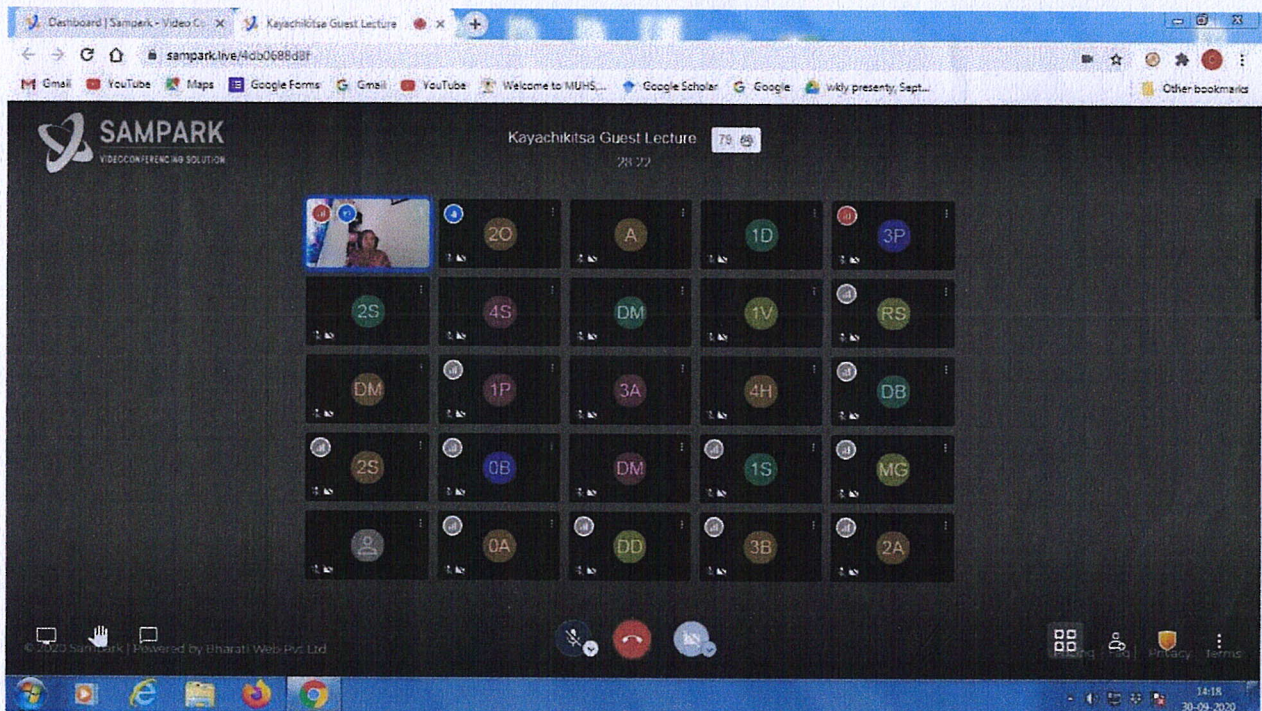
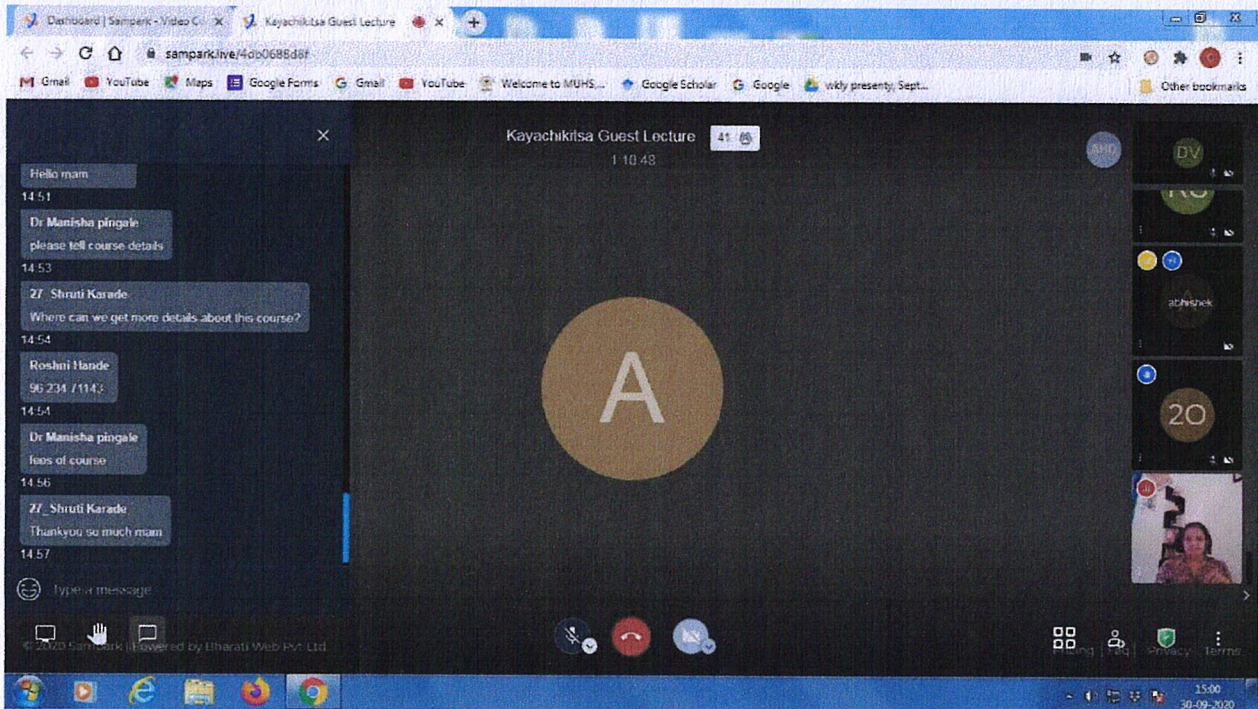
NAAC Metric No. 8.1.9

Guest lecture pranik healing photos



Principal
P.D.E.A.S.
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Guest lecture pranik healing photos



Principal
P.D.E.A.S.
College of Ayurved And Research Centra
Nigdi, Pune - 411 044.



आयुर्वेद महाविद्यालय व संशोधन केंद्र

सेक्टर नं. २५, प्राधिकरण निगडी, पुणे-४११०४४ (महाराष्ट्र) भारत
आय.डी.नं. पी.यु./पी.एन./आयु./०८१/१९९०

फोन : (०२०)२७६५९५७८, २७६५३९६५ फॅक्स : (०२०)२७६५९५७८

ईमेल : carc2006@rediffmail.com, carcakurdi@gmail.com वेबसाईट : www.pdeaayurvedcollege.org



● संस्था पदाधिकारी ●

अध्यक्ष
अजित पवार

उपाध्यक्ष
राजेंद्र घाडगे

मानद सचिव
अॅड.संदीप कदम

खजिनदार
अॅड. मोहनराव देशमुख

उपसचिव
एल. एम. पवार

प्राचार्या
डॉ. आर.आर.पाटील

जावक क्रमांक : 633/2020-21

दिनांक : 27 SEP 2020

To
Resp.Roshni Hande,
Pranic Healing Complementary therapist,
Pune.

Sub. :- Letter of Thanks...

Respected Madam,

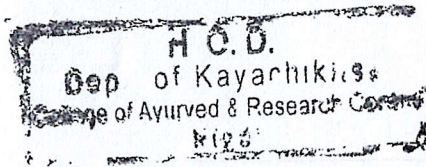
We are very much thankful to you for sharing your valuable time, in our P.D.E.A's college of Ayurved & Research center, Nigdi, Pune 44. On Wednesday, Date- 30.09.2020 from 2.00 to 3.00 pm. Students will be definitely benefited by your views in field of Complementary therapy. We expect the same cooperation in future.

Thanking you in anticipation.

Yours sincerely,

Prof. Dr. M.M.Joshi

HOD Kayachikista Department



Prof. Dr. Ragini Patil

Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.



प्रति,
मा. प्राचार्य,
आयुर्वेद महा. व संशोधन केंद्र, निगडी

आवक क्र. 218/22 दिनांक 27/8/22
देखल क्र.

लेखनिक

प्रचार्य

विषय: "लोकोपयोगकारी आयुर्वेद" या उपक्रमानंतर्गत दि.:- 25/1/23 रोजी
कु.प्रे. समशील्पूर, अकोले (का), श्री. लंगममेर येथे आयुर्वेद वि.डि.ला
शिर्षित तालिच आयुर्वेद जगन्नाथतीर्थर व्याख्यान झाले
सहभागी होण्यासाठी परवानगी मिळवण्यात.

मा. महोदय,

आरोच्यप्रभा या संस्थेने मार्फत आयोजित "लोकोपयोगकारी
आयुर्वेद" या उपक्रमानंतर्गत दि.:- 25 ऑगस्ट रोजी अकोले, श्री. लंगममेर येथे
श्री. लंगममेर येथे शालीक उपक्रमामध्ये सहभागी होण्याची परवानगी मिळवण्याची
1) सर्व रोग निवारण व आयुर्वेद वि.डि.ला शिर्षित

2) आयुर्वेद जगन्नाथतीर्थर व्याख्याने

3) स्थानिक आदिवासी बांधवांशी स्थानिक वणस्पती व त्यांचे
उपयोग यावर चर्चा.

वरील उपक्रमामध्ये कायचिकित्सा, पेयकर्त, रिसर्च,
स्वस्थदल ~~स्वस्थदल~~ ~~स्वस्थदल~~ ~~स्वस्थदल~~ विभागातील अध्यापक
व पदव्युत्तर विद्यार्थी तालिच इंग्रज सहभागी होऊ इच्छितात
सदर कार्यक्रमाचा जागेबोलाची "आरोच्यप्रभा" संस्थेने मार्फत
प्रवास व्यवस्था केल्यात आली आहे.

कोविड नियमावलीचे पाळून रुकून व सुरक्षेचे
सर्व नियम पाळून सदर शिबिराला व उपक्रमाला
जाण्यास परवानगी मिळावी. हि नमू विनंती.

आपल्या मार्गदर्शनार्थ लवकरच सादर.

धन्यवाद.

कलाभ्यातून 2 BP अपेक्षित
सुकोमल मिळाले हि नमू विनंती

प्रमाणित

आ. विश्वाधर

केंद्र प्रमुख निगडी

केंद्र भाषीने मुलांनी

केंद्र भाषीने मुलांनी

केंद्र भाषीने मुलांनी

केंद्र भाषीने मुलांनी

20.5

Dsp of Kayachikitsa
Department of Ayurved & Research Center

निगडी



Pune District Education Association's
College of Ayurved & Research Centre



Post event report

Name of the Event: Conservation of traditional medicine

Date of visit: 29/08/2021.

Timings: 10 am to 5pm

Organizer: Arogyaprabha & PDEA'S college of ayurved & Research centre,
Nigdi, Pune

Location of the event: Samsherpur, Tal- Akole, Sangamner, Dist - Ahmadnagar .

Name of Vaidya:

1. Vd Sakharam L Doke – Aambad Tal-Akole
2. Balu rakhma Madhe – taambhod , Tal-Akole
3. Bhaurao R ughade – Thakarwadi , Uchkandak , dhokri Tal-Akole
4. Padmashri Smt Rahibai Soma Popere- Kombhadane , Tal-Akole
5. Shantaram Pandurang podate- Muthalani,Tal-Akole
6. Mohan Sakharam pathwe – Navin nawalewadi , Tal-Akole
7. Ravaji Sakharam phodse- Akole
8. Dagadu Daamu pathve – Sawargaon paat , Tal-Akole
9. Kisan nivrutti pokale- Pimpalgaon nipani ,Tal-Akole

पु.जि.शि.मं.चे
आयुर्वेद महाविद्यालय व संशोधन केंद्र
निगडी, पुणे-४११०४४.
आवक क्र 3024/2021-22
दिनांक - 31/8/21
लेखक  प्राचार्य 





Principal
P.D.E.A'S

College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Name of the Department

NAAC Metric No. 8.1.9



Post event report

No: of persons attending the event: Total – 28

Teaching staff, postgraduate students and interns

Google link for photos -

<https://drive.google.com/drive/folders/1MdT7x1aX2tDvFjsRpq970r1D9xS9vXvv?usp=sharing>

Brief summary of event –

Students interacted with the traditional healers and collected information regarding various plants used, method of collection and preservation, diseases that are mostly treated by them.

- Common plants Used by traditional healers –Bedaki, Gomutra, Jaswandi, yellow turmeric, kadali patra, suran, mahalung, chitrak, korphad, mungus kand, ambehalad, pandhri halad, paathri, kadlavi, Biba, Arjun. Ghaypaat, Ambadaa, bavachi, aagya- bicchu ped, pakhanbhed, muradsheng, kurdu.
- Fresh drug collection method and handmade powder making process
- Treatment on jaundice, herpes, piles, chest pain, Dyspnoea, ashmari, psoriasis.
- New synonyms of diseases like – laal Dhupni
- Mode of administration – internal –oral, lepa, in eyes nose and ear
- All traditional healers were from area of Akole taluka dist – Ahmadnagar
- All traditional healers are practising from more than 20 yrs and have treated more than 500 patients.



Hab
Principal
P.D.E.A.S.

College of Ayurved And Research Centre
Nigdi, Pune - 411 044.



JXRF+6VQ, Samsherpur, Maharashtra 422601, India

Latitude
19.6409113°

Longitude
73.974371°

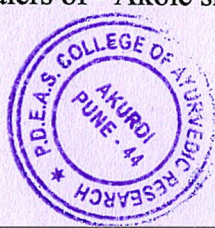
Local 11:59:35 AM
GMT 06:29:35 AM

Altitude 0 meters
Sunday, 29-08-2021



Interaction with traditional healers of - Akole shamsherpur

Date -29/8/2021



Yash
Principal
P.D.E.A.S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Date- 30/08/2021

To,
The Principal,
College of Ayurveda and Research Centre,
Nigdi, Pune.

Subject- Camp report

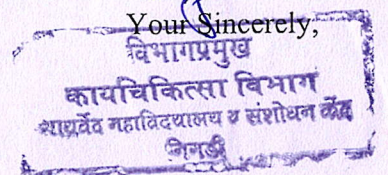
Respected madam,

Teaching staff, postgraduate students and interns from our college attended Ayurvedic Medical camp organised by Arogyaprabha at Samsherpur, Tal. Akole, Sangamner on Sunday, 29/08/2021. Our students got experience to treat total 900 types of various patients in camp and got opportunity to interact with local traditional healers. Following Teaching staff, postgraduate students and interns attended the camp.

Sr. No.	Name	Designations	Name of the department
1.	Dr Medha Joshi	HOD, Professor	Kayachikitsa
2.	Dr Rupali Khobragade	Professor	Kayachikitsa
3.	Dr Surekha Atram	Asso. Professor	Kayachikitsa
4.	Dr Pournima Daware	Asso. Professor	Panchakarma
5.	Dr Manjusha Potdar	Asst. Professor	Swasthavritta
6.	Dr Abhishek Taksale	Asst. Professor	Kayachikitsa
7.	Dr Snehal Ranzunjare	PG student	Kayachikitsa
8.	Dr Mahesh Kore	PG student	Kayachikitsa
9.	Dr Kiran Pawar	PG student	Kayachikitsa
10.	Dr Prashant Chavan	PG student	Kayachikitsa
11.	Dr Rajat Bansal	PG student	Kayachikitsa
12.	Dr Gargi Limaye	PG student	Kayachikitsa
13.	Dr Pradnya Londhe	PG student	Kayachikitsa
14.	Dr Shreerang Kurlle	PG student	Kayachikitsa
15.	Dr Piyush Pawar	PG student	Kayachikitsa
16.	Dr Tejal Suryawanshi	PG student	Kayachikitsa
17.	Dr Vaibhav Chaudhary	PG student	Kayachikitsa
18.	Dr Vaishnavi Dhande	PG student	Panchakarma
19.	Supriya Sanap	PG student	Swasthavritta
20.	Madhulika Singh	PG student	Swasthavritta
21.	Dhanashree Trymbake	PG student	Swasthavritta
22.	Radhika Kharade	PG student	Swasthavritta
23.	Smita Makasare	PG student	Swasthavritta
24.	Dr Rohoni Mate	PG student	Streerog and Prasuti Tantra
25.	Tilak Belhekar	Intern	Kayachikitsa
26.	Mansi Shinde	Intern	Kayachikitsa
27.	Shubham Ubharande	Intern	Panchakarma
28.	Sayali jadhav	Intern	Kayachikitsa

Thanks for giving us opportunity to attend the camp.

Yours Sincerely,



प्रति
मा. प्राचार्या
कॉलेज ऑफ आयुर्वेद व रिसर्च सेंटर
निगडी, पुणे

अर्जदार :- वैद्या. कपाली खोब्रागडे
(प्रपाठक, कायचिकित्सा विभाग)

विषय :- NMAC Commission 8-1-9 Visit संदर्भित

मा. महोदया,
ज. 8.1 NMAC संतर्गत विद्यार्थ्यांना पारंपारिक
ऑनलाईन वनस्पती संबंधी नवीन माहिती मिळावी
या करिता उद्या. दिनांक 20/12/2022 रोजी
ज्जी. आबासाहेब पाचरेगे (MSc. Organic Chemistry, Pimpri,
Pune, महाराष्ट्र) यांना निगडी येथे - विद्यार्थ्यांना
माहिती देण्यास व मार्गदर्शन मिळणे करिता
भेटवयास जावयाचे आहे. आपल्या महाविद्यालयाचे
PG. Mr. Ravi Prasad यांचे क्लिनिकल मध्ये
निगडी, प्राधिकरण येथे भेटवयाचे आहे. तरी
कृपया परवानगी मिळावी ही नम्र विनंती.

धन्यवाद.

आपले विश्वाक



(Dr. R. G. Khobragade)

dept of Kayachikitsa

पु. नि. शि. म. चे
आयुर्वेद महाविद्यालय, निगडी, पुणे
आवक क्र. 4000/2022-23
दिनांक - 29/12/2022
लेखक  प्राचार्य

Pune District Education Association's,
College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

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www.pdeaayurvedcollege.edu.in

E-mail - carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org

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Treasurer-Adv. Mohanrao Deshmukh, Asst. Secretary-L.M.Pawar, Principal-Dr.R.R. Patil

O.No. - 1931 /2022-23

Date :- 29.12.2022

To,

Mr. Aabasaheb Pacharane

Msc Organic Chemistry,

Environmental Science-Eng

Pimpri, Pune.

Subject – Visit for open discussion on study of various medicinal plants and their uses in patients

Respected Sir,

We are very much aware of your work in the field of organic chemistry study of different medicinal plants used in treatment of patients by traditional healers. We would like to hear from you about your valuable experiences in the field of medicinal plant study. We, the teachers and students of PDEA'S College of Ayurved& Research Centre, Nigdi, Pune would like to visit you on 30/12/2022 for an open discussion on your experiences. We request your permission and cooperation for the same.

Thanking you.

Kayachikitsa department



Principal

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PDEA'S

College of Ayurved & Research Centre
Nigdi, Pune - 411 044.

Beam
Akshay
30/12/2022

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Date :- 28/12/2022

Metric No. 8.1.9

Notice

Notice for PG students to participate in below mentioned event.

Event : Visit to traditional healer

Name of traditional healer: Mr. Aabasaheb Pacharane

Date: 30/12/2022

Organizer : Kayachikitsa & Dravyaguna dept(PDEAs college of Ayurved & Research centre, Nigdi,Pune)

Timings: 03.00 pm – 04.00 pm

Location of event: Pradhikaran,Nigdi,Pune



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P.D.E.A.S
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Nigdi, Pune - 411



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Date :- 30/12/2022

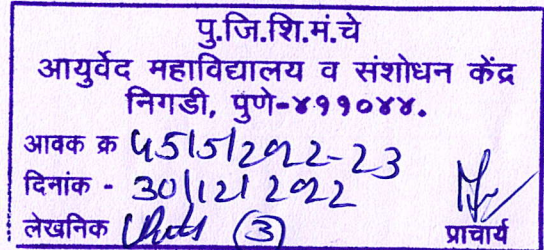
Metric No. 8.1.9.

Post event summary report

Name of the Event: Conservation of traditional medicine

Date of visit: 30/12/2022.

Timings: 3 pm to 4 pm



Organizer: Kayachikitsa dept - PDEA'S college of ayurved & Research centre,
Nigdi, Pune

Location of the event: Pradhikaran, Nigdi, Pune.

Name of Vaidya: Mr. Aabasaheb Pacharane

No: of persons attending the event: Total 7 (2 teachers & 5 PG students)

Google link for photos -

https://drive.google.com/drive/folders/1F9rYIz8_zhUJk8kOhYXgo_DCaoVhTYEv?usp=share_link



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Date :- / /

Metric No.

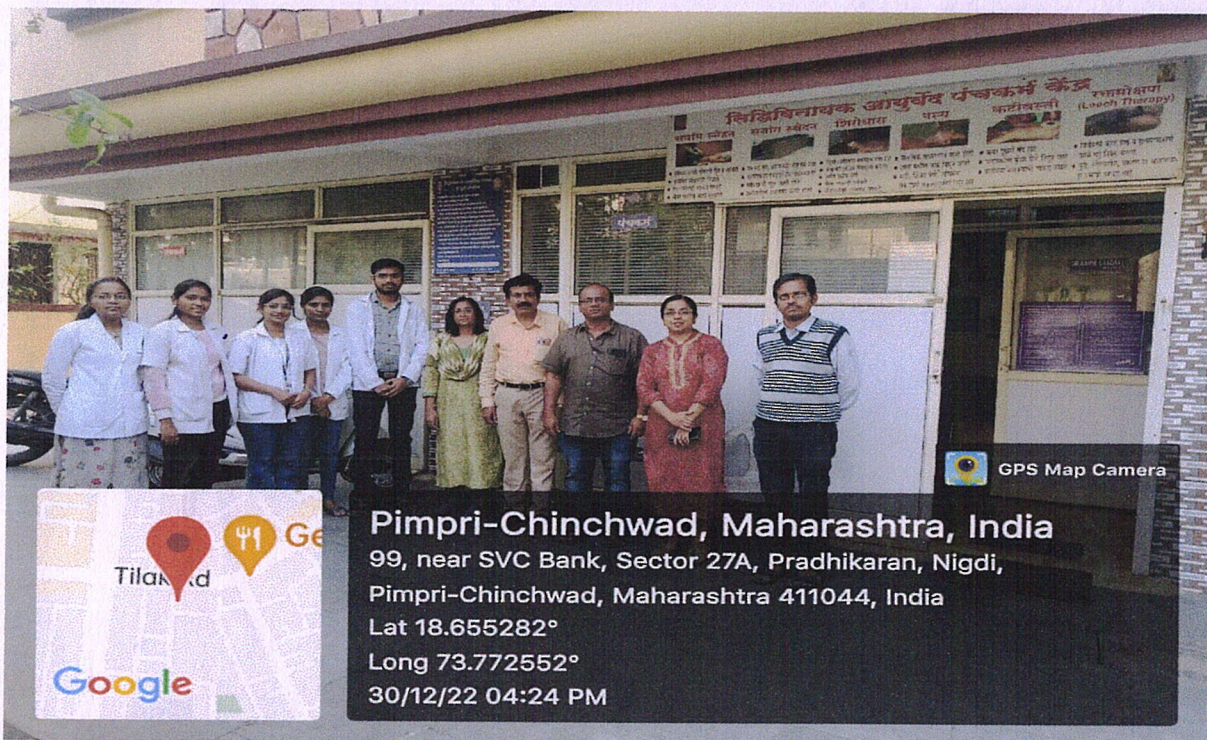
Brief summary of event –

Mr. Aabasaheb pacharane is a environmentalist who has studied many species of plants from various folklore healers that are used in traditional medicine. Students interacted with him and collected information regarding various plants used, method of collection and preservation , diseases that are mostly treated. he explained the traditional names of Common plants Used by folklore healers like gokshur, punarnava, Bala, hirda, behada, shatavari.

- Students came to know about new combination of various medicinal plants used by him that can be used in treating cancer.
- Being a teacher of organic chemistry he also explained how chemical analysis of plants can help in proper use of plant medicine and his study on chemical analysis of medicinal plants.




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Traditional healer visit – Mr. Aabasaheb Pacharane, Nigdi, Pune

Date -: 30/12/2022.



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Nigdi, Pune - 411 044

Date: - 30/12/2022.

[illegible]

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O.No. - 1932/2022-23

Date :- 29.12.2022

To,

Mr. Aabasaheb Pacharane

Msc Organic Chemistry,

Environmental Science-Eng

Pimpri, Pune.

Subject- Letter of thanks

Respected Sir,

We are very much thankful to you for giving your valuable time and sharing your experiences with our students and teachers in our visit dated 30/12/2022.

Our students will be benefitted by your views and researches in the field of organic chemistry study and use of various medicinal plants used in traditional medicine.

We expect your valuable support in future too.

Thanking you.

Kayachikitsa department



Principal

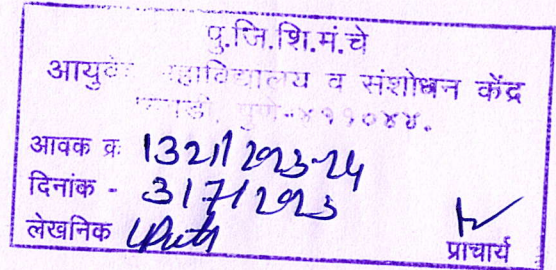
Principal

P.D.E.A.S.

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Nigdi, Pune - 411 044.

To

The principal

College of Ayurveda and Research Centre
Nigdi, Pune.

Sub - Permission for Traditional medicine conservation visit.

Respected madam,

With reference to the above subject we have planned to visit the area of Bhimashankar and meet the Adivasi (traditional healers) in that area to know about rare species of medicinal plants and its conservation.

PG students and teachers will be going for the visit. Kindly grant permission for the same.

Date of visit – 13/7/2023

Area - Bhimashankar

Thanking you.

Yours faithfully

Dr. Rupali Kharagade -

Dr. Ha Bhar -



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Date : 05/07/2023

Metric No. 8.19

Notice

Notice for teachers of kayachikitsa , Dravyaguna department and PG students for participating in below mentioned event.

Event : Visit to traditional healers of Bhimashankar

Forest area (Tal- Khed, Pune)

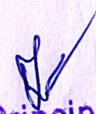
Date: 13/07/2023

Organizer : Kayachikitsa & Dravyaguna dept (PDEAs college of Ayurved & Research centre, Nigdi,Pune)

Timings: 07.00 am – 08.00 pm

Location of event: Bhimashankar, Tal- Khed, Pune




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Date :- 18/07/2023

Metric No. 8.1.9

POST EVENT SUMMARY REPORT

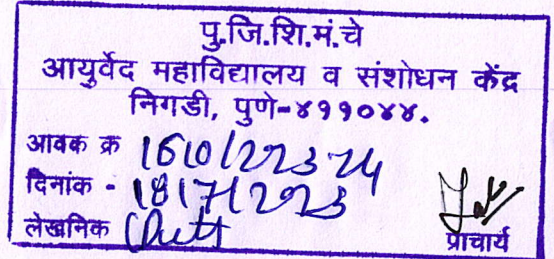
Name of the Event- Visit to traditional healers (Vaidu visit)

Date of the Event- 13/07/2023

Organising Department- Department of Kayachikitsa & Dravyaguna

Location of the Event- Bhimashankar forest area

Participants – Student-18 & Teachers-02



Name of traditional healers:

1. Mr. Tukaram Banere (Bhimashankar temple premises)
2. Mr. Baban Ganpat Lohakare (Bhimashankar temple premises)
3. Mr. Kundlik kondhawale (Terungaon, dhagewadi Rd, Bhimashankar)

Drive Link for geotagged Photos-

[https://drive.google.com/drive/folders/1oeFF59JxHDMajuVnH5WqiOelJem6PYYh?usp=drive link](https://drive.google.com/drive/folders/1oeFF59JxHDMajuVnH5WqiOelJem6PYYh?usp=drive_link)



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Date :- 18 / 07 / 2023

Metric No. 8.1.9

Brief summary of the event-

Kayachikitsa Department & dravyaguna department organized a visit to area of Bhimashankar, khed, Pune. Total 18 PG students participated in This event.

Bhimashankar forest area is famous for its biodiversity and endangered species of rare medicinal plants.

Many folklore medicine healers are found here who give medicines from the knowledge they have about the medicinal use of such rare plants.

Students interacted with this traditional healers and learned about different species of medicinal plants used by folklore healers. The preparation of various oils, Powders, and use of fresh plants were explained by traditional healers on various diseases like Diabetes, Hypertension, thyroid abnormalities, weight loss, arthritis etc.

Rare medicinal plants seen by students – vana palandu, jivaka, Jangli lasuna, Bedakileaves, jangli Ardraka, Ardha supari, asvala, chichori, musli, bandak, raanchinchoka, nalkand, raan halad, naagphana, asana, kombadnakhi, chavi, bhoma, pachangadi, kusar.

Students also collected many rare medicinal plants species and tubers for plantation as a small effort in conservation of this plants.




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Date :- / /

Metric No.



A/p,bhimashankar Bhimashankar wadi Tal - khed , dist,
Bhimashankar, Maharashtra 410509, India

Latitude

19.07185666666667°

Longitude

73.53590333333334°

Local 12:27:29 PM

GMT 06:57:29 AM

Altitude 944 meters

Thursday, 13.07.2023



A/p,bhimashankar Bhimashankar wadi Tal - khed , dist,
Bhimashankar, Maharashtra 410509, India

Latitude

19.07185666666667°

Longitude

73.53590333333334°

Local 12:27:46 PM

GMT 06:57:46 AM

Altitude 923 meters

Thursday, 13.07.2023



Traditional healer – Mr. Tukaram Banere, Bhimashankar,

Date – 13/7/2023



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P.D.E.A.S
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Nigdi, Pune - 411 044.

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Traditional healer – Mr. Baban Ganpat Lohakare , Bhimashankar

Date – 13/7/2023



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Metric No.



Traditional healer- Mr. Kundalik Kondhawale, Terungaon, bhimashankar Date-13/7/23



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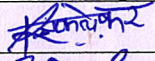
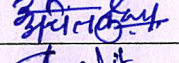
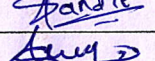
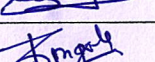
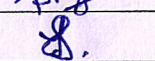
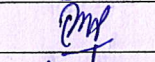
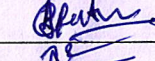
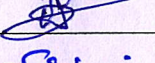
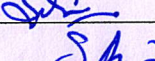
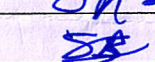
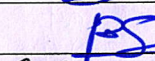
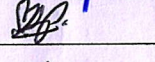
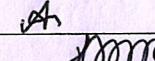
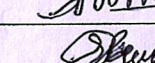
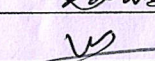
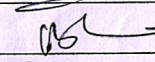
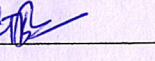
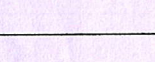
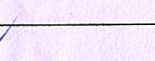
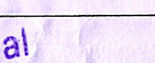
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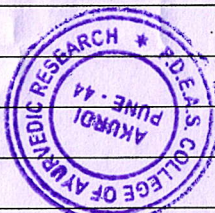
Department: - Kayachikitsa & Dravyaguna

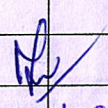
Name of Event: - Traditional healers' visit to Bhima Shankar Forest area.

Date: - 13/07/2023

Attendance sheet

Sr.No.	Name	Sign
1.	Rimaa Girish Anketkar	
2.	Avantika Anil chintkuntlawar	
3.	Dipti Shrikant Pandit	
4.	Susmita Sudhakar Mote	
5.	Pankaj Shirdas Ingole	
6.	Jini Tambharkar	
7.	Piyush Pawar	
8.	Ankush Patle	
9.	Ankita Bongane	
10.	Jayant Vithalrao Shinde	
11)	Dr. Shrirang Kurde	
12)	Dr. Shitala Sad	
13)	Dr. Poocheyang Londhe	
14	Dr. Manasini Pingale	
15.	Dr. Arati Karsaji	
16	Dr. Mona Mote	
17.	Dr. Suniti Pawar	
18.	Dr. Vaibhav Chandhan	
19	Dr. Ead Mehal	
20.	Dr. Rupali Khobragade	




Principal
 P.D.E.A.S.
 College of Ayurved And Research Centre
 Nigdi, Pune - 411,044: